The Body Remembers – Pre show Information

Content Notes

* The performance is still being made so we don’t know exactly what will happen
* This performance will be about how trauma affects the body, how people at risk have to act in public spaces, and the experiences of women of colour
* The performance will include movement, the voices of people telling their stories and projection

The Space

* The performance is still being made so we don’t know exactly what the space will look like
* There will be space for the performer and a place for the audience to sit

The Performers

* The performer is Heather Agyepong

Lighting and Sound

* We don’t know if there will be loud music and sudden loud noises in this performance
* We don’t know if there will be rapidly moving and flashing lights
* We don’t know if there will be strobe lights yet
* We don’t know if there will be haze yet

Participation

* The performance is still being made so we don’t know if there will be audience participation

Access Information

* We don’t know how long the performance will be yet
* The performance spaces have step-free access
* All performances are Relaxed this means you can move or make noise if you need to and can go in and out of the performance space
* Latecomers will be permitted
* Ear defenders are available to borrow from the box office for anyone who might find these useful
* There is an accessible toilet on every floor of the building
* There is a chill out space outside the performance space that is available anytime the building is open